



MENTOR SOCCER CLUB

A CLUB, A COMMUNITY, A FAMILY

January 2014

The DOC Is In - with Jim Buchan

Dear Mentor Family,

We have just finished our first session of indoor at Heisley. We have had some success there with a few teams winning their divisions. We hope to continue this trend. Our next big event will be our 4 on 4 Indoor Soccer Festival. If you have not played this you should give it a try. I am reaching out to the Rec coaches especially, you need to start working on your Spring teams and by getting them in this fun tournament, you set up a great intro to the Spring season. Actually we would love to have a division completely of rec teams so they can have their own mini world cup 4 on 4 style games :-).

On a different note, congrats to the combined u15 boys PFC-Wave team. I heard they showed a team from another Mentor based organization how to play, 5 to zip was the final! CONGRATS, I think it shows we are on the right track with this combined High School team. Again you 13 and 14 year olds you have a home here make the best of it when you enter High School. We have the capabilities to be a strong club at the High School level.

Well, have a great January, see you in February or at the front desk at Heisley Soccer Club.

Jim
DOC Mentor Soccer



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Soon the snow will melt.

Limited Edition Wave Scarves Available!



Mentor Soccer Club is doing a preorder for the 2014 Limited Edition Wave Soccer Scarf. To get yours, visit www.mentorsoccerclub.com and fill out the form to send in. Scarves are only \$15 each and orders will be taken up until January 24th. Show your Wave pride by wearing them or displaying them on a wall. They make a great coaches gift as well, you know Jim B, Andy and Marco want one.

MSC 4v4 Indoor Soccer Festival

When: March 28-30, 2014

Where: Heisley Indoor Soccer Center

Questions or to sign your team up: Contact Melissa

Read at soccer22mom22@yahoo.com

Cost: \$150 per team

Mentor Soccer Club will be hosting their Third Annual 4v4 Indoor Soccer Festival again in March of 2014. This is a fun filled, fast paced small sided soccer festival for all teams age U8 and up. Game format is 4v4 with 12 minute games. There will be MSC and Wave apparel for sale, a Chinese auction and a giant prize board. Winning teams are awarded trophies and all teams get at least 3 games.

We are currently taking sponsorship donations for the Festival. If you or your company would like to donate a prize for the Prize Board, contact Melissa Read at soccer22mom22@yahoo.com

Indoor Winter Programs

Friday Night Training: This program offers extra skills and drills for players in grades K-6th. It is 7 sessions long and starts on January 24th and runs through March 14th. K-2nd is from 5-6pm and 3rd-6th is from 6-7pm. The cost is \$60.

Goalie Training: GK training is offered to players in U9-U14 on Sundays from 2-3pm. It is 7 sessions long and

starts on January 26th and runs through March 9th. The cost is \$45.

Mighty Mites Soccer: Little siblings can play soccer too! This program is for 3 & 4 yr olds and is an intro to soccer. It is 6 sessions long on Sundays from 3-4pm and starts on January 19th and runs through February 23rd. The cost is \$40.

Rec Spring Registration Now Open

For those that did not sign up for the Fall season of Rec Soccer, you can still sign up to play in the Spring season. Registration for the Spring season opened on January 1, 2014. There are limited spots open in some age groups and waiting list in others. To register, go to www.mentorsoccerclub.com.

What You Need to Know About ODP

At the highest levels of United States soccer, participants find a common thread down in their roots. The women's national team, for example, won gold at the 2008 Beijing Olympics. But look deeper: of the 18 players on the roster, 17 spent at least part of their youth playing in the U.S. Youth Soccer's Olympic Development Program.

The program (commonly known as ODP) is a vital part of the development of almost every accomplished soccer player, and it's set up so everyone has a chance to try out. Founded in 1977, the ODP is designed to improve the overall level of soccer from the ground up, and is accomplished through open tryouts and the organization of state teams that play against each other.

Close to 100,000 players between the ages of 13 and 18 participate in ODP every year. Actual seasons vary by state, but can start as early as November and finish as late as May.

Every state has an ODP program, and the hierarchy expands up to four regions and--for the elite--a national camp. Anyone within the age parameters (teams are separated strictly by birth year) has a chance to try out.

The experience could lead to increased exposure to both national coaches and college coaches. In addition, your skills will improve under the direction of select coaches.

Most of all, it is the most-traveled path to the top of the soccer world, a place every young player dreams of. U.S. women's forward Abby Wambach was a part of New York's ODP program and praises its impact.

Defender Heather Mitts was on the Ohio state team for three years. On the men's side, Brian McBride is one of Illinois' most decorated ODP alums.

Intrigued? Here is more insight into the Olympic Development Program, courtesy of USYouthSoccer.org:

What is ODP?

The U.S. Youth Soccer Olympic Development Program, or ODP as it is more commonly called, is a national identification and development program for high-level players. The program identifies and develops youth players throughout the country to represent their state association, region and the United States in soccer competition.

ODP teams are formed at the state association and regional levels, made up of the best players in various age groups. At the state association level, pools of players are identified in each eligible age group, brought together as a team to develop their skill through training and competition. From the state pools and subsequent teams, players are identified for regional and national pools and teams.

What are the Goals of ODP?

1. To identify a pool of players in each age group from which a United States National Team will be selected for international competition.
2. To provide high-level training to benefit and enhance the development of players at all levels.
3. Through the use of carefully selected licensed coaches, develop a mechanism for the

enhancement of ideas and curriculum to improve all level of coaching.

Who is Eligible?

Any soccer player is eligible for consideration in the ODP provided that he or she meets the age requirements for the established age group. A player may try out in a state association in which he or she is eligible to be registered. A player may not try out for the ODP in more than one state association. Tryouts are conducted at various times of the year. Interested players should contact their state association for dates and details. If you do not know your state association's telephone number, visit U.S. Youth Soccer's online directory or call 1-800-4SOCCER and the U.S. Youth Soccer National Office will be happy to provide you with that number.

How are Players Selected?

Players are selected, in most states, on the basis of open tryouts. These tryouts are conducted by the state association coaches who are recognized for their ability to identify and train players with superior skills. Some state associations combine scouting techniques and invitations to certain players with the open tryout.

Selection of these players is not an easy task. The state association head coach or State Coach will, in most cases, be assisted in the selection process by several other qualified coaches from the club or league level. Players are evaluated on four components that make up a soccer player:

- Technique
- Tactics
- Fitness and Athletic Ability
- Psychological component (attitude)

What do ODP Players Do?

Upon selection, a state association ODP player is expected to participate in all activities of their team. These activities may include exhibition matches, invitational tournaments and sub-regional and regional

camps. If players are not available for a specific event, another player from their pool may replace them. Players are expected to take their participation in the program seriously, and should be committed to improving their individual skills as well as improving as a team player. Players are subject to the ODP Code of Conduct upon entry into the program at the state association level.

What are Regional Camps?

U.S. Youth Soccer is divided into four regions, each of which offers a regional camp for state association ODP teams in each eligible age group. The camps are designed to provide high level competition and training for participating players. During this training and competition, players who are capable of performing at a higher level of play are identified for possible national camp, or pool or team participation.

Each region varies somewhat as to the specifics and the cost of their camps. Your state association or regional administrator should be contacted for more information. Again, if you do not have those numbers, contact the National Office.

What is a National Camp?

National Camps and Interregional events are held throughout the year at various locations in the United States. The National Team Coach or a National Staff Coach is present at these events to observe, train and identify players for placement in the national pool or on a national team.

What are the Benefits of Participating in ODP?

- Development as a player. The opportunity to play with the best players in one's age group.
- Quality instruction from nationally licensed coaches.
- Quality competition. Games against other state association ODP teams.
- Exposure to regional and national team coaches.
- The opportunity to represent one's state, region or country in competition.
- Exposure to college coaches.

If you have any questions about ODP or want to learn more, our very own Director of Coaching, Jim Buchan is an OPD Regional Coach. He would be more than happy to answer your questions.

MSC Looking for Rec Coaches

Mentor Soccer Club relies on volunteer coaches for our Rec Division. Our age groups were full for the Fall season, and we would like to be able to open up more teams in the Spring for kids that want to play, but did not sign up in the Fall. To do this, we need more volunteer Rec coaches. You don't need to be a former player or an expert in soccer. We hold a training class before the season to get you up to speed and supply you with the necessary practice items like cones and pinnies. If you would be interested in becoming a coach, and your child's hero, contact Amy Myers at Rec@mentorsoccerclub.com.

Mentor Soccer Club and Wave Spiritwear

Soccer.com has opened its new MSC Wave Spiritwear Online shop. Check it out at this link for some of the coolest Wave gear available:

MSC WAVE SPIRITWEAR

Mentor Soccer Club gear with the new Mentor Logo as well as Wave gear is now available at our other Spiritwear shop:

MSC SPIRITWEAR

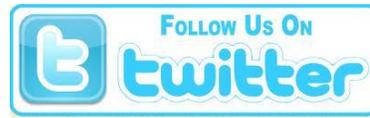


Follow and Like Mentor Soccer Club online.



Mentor Soccer Club is on Facebook and Twitter! Keep up to date with all the latest team news and announcements as well as having fun and seeing pictures of some of our teams. We would love for you to like our page and post whenever you can. The link is:

<https://www.facebook.com/pages/Mentor-Soccer-Club/325866336713>



We are also on Twitter. Keep up to date on field closings and other important announcements by following us at:

https://twitter.com/intent/user?screen_name=mentorsoccer

Club Calendar

Jan 24 th	Wave Soccer Scarf orders due
Feb 9 th	Board Meeting at Longo's Lakeshore 7pm
March 28-30	MSC 4v4 Indoor Festival
Early April	Outdoor Spring Season starts

Soccer Web Links

Mentor Soccer Club: www.mentorsoccerclub.com

MSC Wave Spirit Wear: http://www.soccer.com/teamGateway.php?club_id=701460&spiritwear=1

MSC Spirit Wear: www.mentorsoccerclub.shopgraphx.com

Ohio Youth Soccer Association North: www.oysan.org

Northern Ohio Girls Soccer League: www.nogsl.com

Club Contacts

For general club questions:

admin@mentorsoccerclub.com

440-954-4326 (voice mail)

For questions about Rec Soccer:

rec@mentorsoccerclub.com

For questions about Wave Academy Soccer:

wave@mentorsoccerclub.com